

# **FULL DISCLOSURE:**

## **How Disclosures of Emotional Connection / Affairs Look Differently than Other Disclosures**

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*Dan Drake, LMFT, LPCC, CCPS-S, CSAT-S, CCDG-M*

1

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2

2

## AGENDA

- General disclosure format
- Nuances of disclosures that involve affairs / emotional connection
- How to prepare for disclosures involving affairs / emotional connection
- Disclosure Sample
- Discussion



3



4

## GENERAL DISCLOSURE FORMAT

- Pre-disclosure preparation
- Disclosure facilitation
  - Disclosure document sharing
  - Half-time
  - Follow-up / Partner inquiry
- Post-disclosure support



5

5



**NUANCES**  
of Disclosures that Involve Affairs /  
Emotional Connection

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## NUANCES of Affair Disclosures

### What's Different About These Types Of Disclosures?

- Types of questions from the partner
- Impact
- Level of detail requested / required from the disclosure



7

7

## NUANCES of Affair Disclosures

### Typical Types Of Additions To These Types Of Disclosures:

- More detail about specific individual(s)
- More detail about contact: When? How? Where? What platforms? Frequency? First / Last Contact? Current status?
- Gifts / money exchanged?
- Level of emotional connection? Sexual interaction?
- Personal information shared?
- Others who were complicit?
- Level of interaction / intersection of individual(s) with current life



8

8



9

## PREPARING for Emotional Connection / Affairs Disclosures

9

## EMOTIONAL CONNECTION Disclosure Preparation

### Betrayed Partner Preparation

- Consider the needs assessment
  - Level of detail needed?
- Support in vetting partner questions
  - Need to know questions vs. heart questions
  - Unique considerations with these disclosures
- Preparing mentally, emotionally, physically, spiritually for the Rite of Truth



10

10



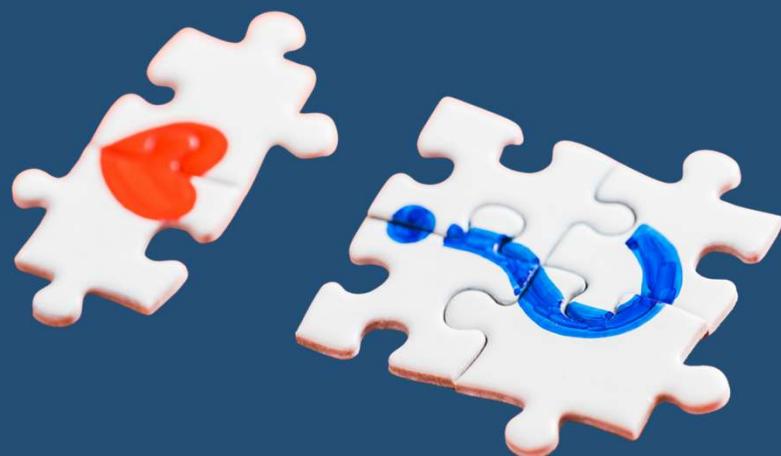
## EMOTIONAL CONNECTION Disclosure Preparation

### Discloser Preparation

- Getting clear on details, especially at a higher level of clarity / specificity
  - Preparing for more detailed disclosure
  - Preparing for more detailed partner questions
- Preparing mentally, emotionally, physically, and spiritually for showing up with maturity in the Rite of Truth

11

11



## DISCLOSURE SAMPLE

12

12



## DISCLOSURE SAMPLE

### Additional Information to Disclose

#### Sexual Contact Outside Our Relationship

- Person A (*List the actual name of the person here – “Person A” is used here as a reference guide*):
  - *First Contact / History Prior to Our Relationship:*
    - Describe first interaction with the person and what context.
    - Describe follow-up activities that occurred, and activities prior to relationship with betrayed partner

13

13

## DISCLOSURE SAMPLE

### Additional Information to Disclose

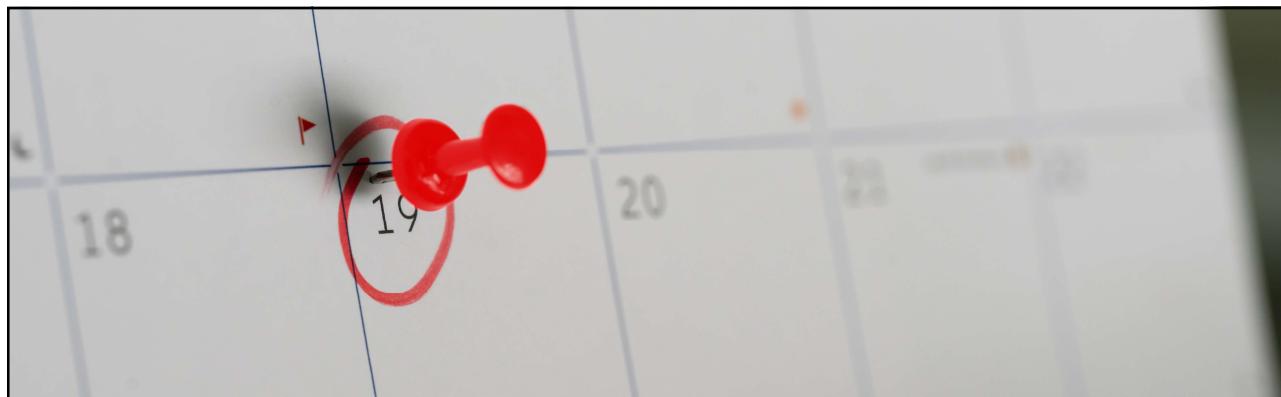
#### Nature of Contact Since Our Relationship:

- What was the nature of contact with Person A?
- How often did you contact them? Via what platform?
- Nature of contact remotely / together – Where and when did you meet? Any activities in the house? Car(s)? Places special to you as a couple?
- Disclose sexual contact
- Gifts exchanged / money spent – detail and give final accounting
- Nature of communication, especially if any contact about betrayed partner, family, personal life, etc.
- Did contact change – increase / decrease at any point? Did communication platforms change? Describe
- Describe lies / secrets to betrayed partner about Person A
- Any other relevant information about person A



14

14



## DISCLOSURE SAMPLE

### Additional Information to Disclose

#### Last Interaction:

- List last interaction with Person A and details around that interaction
- Current status of relationship with person A (e.g., if still working together)?

15

15

## DISCLOSURE SAMPLE

### Additional Information to Disclose

#### Your Questions about Person A:

- Answer all detailed questions about Person A
  - These questions may be very detailed
  - Betrayed partner will want to know about heart questions / attachment / connection
  - Partner will probably want to know who was complicit, as well as information shared about kids, partner, family, etc.
  - Partner may ask other questions that are personal about Person A. Be prepared to answer vetted questions



16

16



## DISCLOSURE SAMPLE

17

17

## QUESTIONS



18

18



**THANK  
YOU**

**DAN DRAKE,**

LMFT, LPCC, CCPS-S, CSAT-S, CCDG-M

818-435-7847

[Dan@banyantherapy.com](mailto:Dan@banyantherapy.com)

[www.banyantherapy.com](http://www.banyantherapy.com)